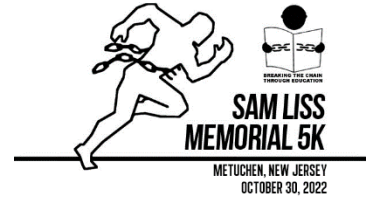


5th Annual Sam Liss Memorial 5K Run/Walk

Benefitting Breaking the Chain Through Education

Sunday, October 30, 2022 at 9:00 AM

at Metuchen High School



Event Fee: \$30 **Registrations received by October 7 are guaranteed long-sleeved tech race shirts.** \$40 fee day of race.

Awards: Race Awards will be presented to the top males and females based on age divisions; *plus Costume Awards!* **Run or Walk and Dress Up for a Great Cause!**



Complete the form below or register online (processing fee applies) at btcte.org

Name: _____ Email: _____

Address: _____ Phone: _____

City/State/Zip: _____

Participant	Sex	Date of Birth	Age on race day	T-Shirt Size (S, M, L, XL, XXL or YS, YM, YL, YXL)

Registration Fee: \$30 \$ _____
 Can't join us, want to donate? \$ _____
Grand Total..... \$ _____

Make checks payable to Breaking the Chain Through Education
Send checks and form to 38 Marion Road, Verona, NJ 07044

Breaking the Chain is a non-profit 501(c)(3) organization benefiting trafficked children in Ghana.
 Waiver: In consideration of the acceptance of this entry, I hereby for myself, heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Breaking the Chain Through Education, its organizers, the Borough of Metuchen, the State of New Jersey, and the sponsors, race officials, and volunteers associated with this event for any injury that may occur as a result of my participation in this event. Additionally the Organization may use your email to communicate to you about this and future events.

Participant signature or Parent/Guardian: _____